



Coffee with

COACH

A New Initiative from NIRVEDHA for the first time in India



Great coaching requires a great conversation. Moreover, though both people would benefit from an ample time, however, much can be achieved in 30 minutes over a cup of coffee.

www.nirvedha.com

SWIFT COACHING

HELPING YOU UNSTUCK

Join me for SWIFT COACHING - a casual heart to heart conversation -- over coffee!

You bring your challenges, goals, and dreams. We will chat and you will receive coaching and mentoring from an experienced & certified coach.

This time we will focus on ways you can eliminate negative self-talk and becoming your own best friend. This one thing can have a significant impact on your profession and overall wellbeing.

Your new life can start with casual chats, your favorite latte, and life-changing info. What more do you need?


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BEGIN.



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COFFEE
WITH
COACH

WHY I COACH? BECAUSE IT WORKS!

Book for your session today in
advance over
Whats-app @ +91-836-971-5386 or by
emailing us @ coach@nirvedha.com

**You can accomplish a lot in
thirty minutes. A brief
conversation over coffee can
make all the difference.**

One of the things I love most
about being a coach, is the
opportunity to offer new
perspectives to individuals – to
see the shift – the shift in
thinking, the shift in perspective,
the shift in behavior. And...I love
it when I get an opportunity to
shift my own perspective as
well!